

## **Coaching Certification Guidelines**

In order to help provide a safe environment and successful experience for boys and girls who participate on interschool athletic teams, Section 135.4 (c) (7) (i) (c) of the Regulations of the Commissioner of Education pertaining to physical education include certain minimum requirements for a person to be appointed as a coach of an interschool athletic team. This includes all head coaches and assistants for varsity, junior varsity, freshman and junior high (modified) teams of public schools. All coaches whether paid or unpaid must have a coaching license to work with our students.

The course requirements in the Regulation of the Commissioner of Education are intended to provide a person with an understanding of the basic philosophy and principles of athletics in education, the health related aspects of athletics and the techniques used to coach a specific sport.

Potential secondary school coaches may possess three different backgrounds:

- (1) a certified physical education teacher;
- (2) a teacher certified in an area other than physical education, e.g. English, mathematics;
- (3) no teaching certificate and must qualify for a Temporary Coaching License

### **Initial Certification for a Non-Teacher Coach includes the following requirements:**

All Coaches Must Have:

- First Aid for Coaches (renewable every two-three years)
- CPR/AED for Coaches (renewable every one-two years)
- Concussion Management (renewable every two years)
- Dignity for All Students Act (DASA) (One Time “Certification”)
- Child Abuse Prevention (One Time “Certification”)
- Violence Abuse Prevention (One Time “Certification”)
- Fingerprint Clearance through the New York State Education Department (One Time Requirement)

All candidates for Coaching in New York State must:

- Be approved by the Board of Education of the School District they are going to coach for...
- Complete the above listed pre-requisites
- Apply on line for the Initial Certification for their sport

## How to fulfill Coaching Requirements:

### First Aid and CPR/AED:

- BOCES Course: Scheduled at different times throughout the year, You will receive a NY State Coaches Certificate
- Ken & Cathy Doolittle: 942-5891
- Have certification that matches (exactly) the accompanied list of NY State accepted courses

Child Abuse Prevention and Violence Abuse Prevention: Make sure that you print certificate once completed!

- [http://www.violenceworkshop.com/?gclid=CLzTia\\_Q1MECFZaCaQod3KQAaQ](http://www.violenceworkshop.com/?gclid=CLzTia_Q1MECFZaCaQod3KQAaQ)

Concussion Management: Make sure that you print certificate once completed!

- <http://www.cdc.gov/headsup/index.html>  
Heads Up Coaches: Concussion in Youth Sports

### Dignity for All Students Act (DASA):

- This course is a 6 hour course that must be registered for and attended prior to coaching any team in NY State

### Fingerprint Clearance:

- Fingerprint clearance must be set up through the South Lewis District Office and then scheduled to be completed at the BOCES...

## Applying for New York State Coaching License:

### A) Temporary Coaching License (TCL).

- A person who does not hold a current New York State teaching certificate (e.g. physical education, English, mathematics) may be appointed as a temporary coach. The non-teacher coach must obtain a Temporary Coaching license from their school district's BOCES (Board of Cooperative Educational Services) by applying on-line through the NYSED TEACH system and meet all of the same course requirements for coaching as does the certified classroom teacher.
- Application for the initial Temporary Coaching License: You must submit evidence of appropriate First Aid and CPR; DASA Certification, Child Abuse Prevention Workshop, Violence Abuse Prevention Workshop and proof of fingerprinting to the BOCES certification office. The appropriate fee must be submitted with each application. Only one sport may be applied to a TCL.
- Applications of a 1<sup>st</sup> renewal of a Temporary Coaching License must be accompanied by evidence of enrollment or completion of the Principles, Philosophy and Organization of Athletics in Education course.
- Applications of a 2<sup>nd</sup>–4<sup>th</sup> renewal of a Temporary Coaching License must be accompanied by evidence of enrollment or completion of the Health Sciences Applied to Coaching course and/or the Theory & Techniques of Coaching course.

### B) Professional Coaching License (PCL).

A person who has completed all the required coaching courses, child abuse and violence abuse workshops, maintains fingerprint clearance, has valid First Aid and CPR certification, and has held a minimum of three Temporary Coaching Licenses for a sport per CR 35.4(c)(7)(4)(A) may apply for a three-year renewable Professional Coaching License. The PCL may be renewed for an additional three-year period upon the submission of a renewal application. An application for a Professional Coaching License requires a fee of \$50. Only one sport may be applied to each PCL.

## Coaching Course Descriptions

### Principles, Philosophy and Organization of Athletics in Education (3 Credits – 45 Hours)

The course covers basic philosophy and principles as integral parts of physical education and general education; State, local and national regulations and policies related to athletics; legal considerations; function and organization of leagues and athletic associations in New York State; personal standards for the responsibilities of the coach as an educational leader; public relations; general safety procedures; general principles of school budgets, records, purchasing and use of facilities. (Note: This is not a course in “athletic administration.” In addition to first aid and CPR, this is the only course required for coaches of non-contact/non-strenuous sports: bowling, golf, archery, rifle, shuffleboard, table tennis)

### Health Sciences Applied to Coaching (3 Credits – 45 Hours)

The course is a series of interactive exercises and activities designed to study Health Sciences as they apply to coaching sports. Through these activities, exercises and health application to coaching topics, participants will gain information, organize it for professional and personal use, and apply it to their particular programs. Health Sciences as applied to coaching will also help define: selected principles of biology, anatomy, physiology, kinesiology related to coaching; risk minimization; mixed competition; NYSED selection and classification of athletes; age and maturity of athletes.

### Theory & Techniques of Coaching (2 Credits - 30 Hours)

The course will begin with an introductory phase in which the basic concepts common to all sports will be discussed. Topics will include a history of Interscholastic athletics in New York State. The objectives, rules, regulations and policies of athletics, as well as performance skills, technical information, and organization and management practices will also be among the topics covered. The special training and conditioning of the athletes in specific sports, the fitting of equipment, specific safety precautions and officiating methods will also be examined. An internship that will include practical experience as a coach in the specific sport and/or periods of observing other approved coaches will also be required.

Certifications That Meet the New York State Education Requirements for Coached First Aid and Coaches CPR:

\*FIRST AID – All cards must be renewed every 3 years or per certifying agency requirements– NO ONLINE COURSES ARE ACCEPTED

1. A State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years)
2. American Red Cross:
  - a. Responding to Emergencies NOW VALID FOR ONLY 2 YEARS per ARC
  - b. Lifeguard Training (meets FA & CPR certification)
  - c. NYS First Aid for Coaches
3. NYS DOH/Bureau of Emergency Medical Services:
  - a. Certified First Responder (meets FA & CPR certification)
4. National Safety Council:
  - a. Advanced First Aid, CPR & AED (meets FA & CPR certification)

\*ADULT CARDIOPULMONARY RESUSCITATION (CPR) –  
All cards must be renewed every 1- 2 years per certifying agency requirements  
– NO ONLINE COURSES ARE ACCEPTED

1. A State Education Department approved agency that offers CPR using the NEW SED course outline and time requirements: 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid)
2. National Safety Council (NSC):
  - a. CPR/ AED Course b. Advanced First Aid, CPR & AED
3. American Heart Association Courses (AHA):
  - a. Advanced Cardiac Life Support (ACLS) – (credited only for CPR/AED)
  - b. Basic Life Support for Health Care Providers (BLS)
  - c. Heartsaver AED (includes CPR)
4. American Red Cross Courses (ARC):
  - a. Adult CPR/AED
  - b. CPR/AED for the Professional Rescuer (credited for CPR and AED)
  - c. Lifeguard Training (credited for both CPR and First Aid)
5. American Safety & Health Institute (ASHI)
  - a. Adult CPR/AED